



Sachdeva Public School

Sector 13, Rohini, Delhi 110085



Parental Session- Progressive Parenting Class III

Dear Parents

Seasons Greetings!

'Raising kids can be challenging and peppered with difficult times, however, when the relationship is rooted in love, we create a bond that remains strong and brings us closer to our kids.'

We are currently at an important juncture where our students, having appeared for formal examinations for the first time, will now get their answer sheets and with Term II set to begin from 10 October 2023, while nurturing and educating our children, we need to reequip ourselves with the tools and knowledge necessary to support their growth and development. Parenting can be both a rewarding and challenging journey, and as your child grows, so does the need for evolving parenting approaches. In line with this, we invite you to a special session on "Progressive Parenting" tailored specifically for parents of 8-year-olds currently studying in Class III.

This informative and engaging session by Dr. Shilpa Gupta, Founder of EmoAid, a renowned Emotional, Wellbeing Consultant & Therapist aims to provide valuable insights and strategies to help you navigate the unique challenges and joys that come with parenting children at this crucial age.

Your presence and participation are highly valued as we come together to explore ways to enhance our parenting skills. We look forward to seeing you at the workshop and embarking on this insightful parenting journey together.

Date : Saturday, 07 October 2023
Venue : Multi Purpose Hall
Time : **9:15 a.m.** The session will end at 11:00 a.m.
Entry : **Gate No 1**

With Regards

PRINCIPAL

PLEASE NOTE:

- We humbly request one of the parents to attend the Session and **not to bring their wards along with them.**
- **Please be seated by 09:15 a.m.**
- Mobiles are not permitted inside the school premises; there is no provision for depositing the same at the gate